

City of Belmont

Belmont Early Years Group (BEYG)



Meeting Details

Date: Wednesday, 18 February 2026

Time: 12pm – 1pm

Location: Belmont Hub, Meeting Room 1, Ground Floor, Library Entrance, 213 Wright Street, Cloverdale.

Chair & Notes Taker: Danica Costley, City of Belmont, Community Development Officer

Belmont Early Years Group Members:

Danica Costley – City of Belmont, Community Development Officer

Lyndsey Stoney – City of Belmont, Coordinator Community Development (*via Teams*)

Eden Te Puni – City of Belmont, Acting Specialist – Customer Experience

Carmen Wright – Communicare, Coordinator Parenting and Families

Melanie Smith - Jacaranda Community Centre, Aboriginal Youth at Risk & Family Support and School Inclusion Worker

Guest:

Kate McMurtrie – Kings Park and Botanic Garden, Education Coordinator - Early Years

Apologies:

Michelle Roberts – Playgroup WA, Senior Playgroup Development Officer

Minutes

1. Welcome & Apologies

Danica delivered an Acknowledgement of Country.

Staff Updates:

- Marzel Norton, Manager of Economic and Community Development, commenced October 2025.
- Lyndsey Stoney, Coordinator Community Development, commenced January 2026.
- Arlene Hand, Community Development Officer (part-time).
- Danica Costley, will remain working part-time as a Community Development Officer, working on Wednesdays, Thursdays and alternate Fridays.

2. General Business

2.1. Children's Week Playdate

The event previously known as the Children's Week Playdate will be put on hold again this year.

- Exploring a collaboration with the [Wiggles 'n' Giggles](#) program which occurs on the first Wednesday of every month. Potential for a pop-up type table at each event with BEYG Members taking it in turns to promote their services and speak with community.

2.2. AEDC Forum Follow Up

The AEDC Forum Report was shared. The workshop took a different direction than expected, so further exploration and feedback is required. Potential questions to explore with BEYG:

- What are the collective needs of the BEYG to serve our community?
- We want to know what you want to know.
- What do you want to know from community?
- Who are we missing in this room to also ask this question of?
- What are the experiences of the people you engage with and support?
(Transport, financial etc.)
- What are the potential gaps and how can we, collectively as the BEYG, address them and improve service delivery?
- What questions are shared by the service providers in the room – where are the crossovers?

3. Guest Speaker

3.1. Kate McMurtrie, Kings Park and Botanic Garden, Education Coordinator Early Years

Kings Park Education facilitates community programs including [Bush Bubs Nature Playgroup](#) (0-3 Years) and [Zippy's Bush Kindy](#) (3-5 years). Their aim is to nurture little nature lovers and give adults the skills and confidence to spend time with their little ones in their local natural areas so everyone can experience the benefits of being outside. Kings Park Education have the ability to provide (free of charge) professional learning opportunities in natureplay for staff/facilitators or visit playgroups in the City of Belmont area to run natureplay activities. If you are interested in discussing this opportunity for your organisation, please contact Kate: kate.mcmurtrie@dbca.wa.gov.au

The City of Belmont are collaborating with Kate's team and hope to have their Nature play activities at some upcoming City programs, like Wiggles 'n' Giggles.

Professional Development opportunities for the BEYG are also being explored to encourage more nature-based play and education for the community we support.

4. Round Table Update

4.1. Eden, Ruth Faulkner Library

- To Celebrate Harmony Week, additional [Bilingual Storytime](#) sessions are being held, and the library will also have a presence at the Harmony Festival on Saturday, 21 March 2026.
- Digital flyers will continue to be shared on the Community Notice Board. BEYG members are welcome to share flyers they wish to have displayed.

4.2. Mel, Jacaranda Community Centre

- Jacaranda distributes backpacks, uniforms, and stationery to local schools for First Nations students, though Mel is also open to providing donations to non-First Nations Students experiencing financial hardship.
- Jacaranda accepts donations.

4.3. Carmen, Communicare

- Term One Parenting Program is underway with many workshops being held locally; see end of Minutes for details.
- Communicare are open to requests to host parent workshops for other Service Providers; they just require adequate notice for planning.

4.4. Danica, City of Belmont

- Danica recently met with Valery Gandossini, Coordinator of Parenting Services at Relationships Australia WA, regarding Parenting Courses and Workshop opportunities (both in-person and online). Flyers with upcoming courses and workshop dates were shared - [Courses and Workshops - Relationships WA](#). Though Communicare hold some of the same workshops, there are some unique to Relationships Australia which the City may explore hosting to make it more accessible for the community.

5. Next Meeting:

Date: Wednesday, 15 April 2026

Time: 12pm start

Location: Belmont Hub, Meeting Room 1, Ground Floor, Library Entrance, 213 Wright Street, Cloverdale.

2026 What's On



South East Metro Parenting Support Service

Programs for Parents and Carers of children 0-18 years living in the South-East Metro area

Term 1 Parenting Program

January

Young Active Parents Program
Tuesdays
13 January - 31 March 2026
9.30am - 11.30am

Communicare
28 Cecil Avenue
Cannington

✉ parenting@communicare.org.au
📍 www.trybooking.com/CNIEE

February

Circle of Security® Parenting
Tuesdays
3 February - 24 March 2026
12.30pm - 2.30pm

Meerilinga Children and Community Service
104 Edney Road
High Wycombe

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBQB



Circle of Security® Parenting
Thursdays
5 February - 26 March 2026
6.30pm - 8.00pm

Online (Zoom)

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBQH



Circle of Security® Parenting
Thursdays
19 February - 2 April 2026
12.30pm - 2.00pm

Gosnells Child and Parent Centre
173 Hicks Street (entrance off Clara Street)
Gosnells

✉ cpcgosnells@centrecare.com.au



Tuning in to Kids®
Fridays
20 February - 27 March 2026
9.30am - 11.30am

Woodlupine Family Centre
88 Hale Road
Forrestfield

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBQO



All About Sleep
Tuesday
24 February 2026
9.30am - 11.00am

Kalamunda Library
7 Williams Road
Kalamunda

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBQX

February

Positive Discipline in Everyday Parenting
Wednesdays
25 February - 25 March 2026
9.30am - 11.30am



Communicare
28 Cecil Avenue
Cannington

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBRF

The Power of Play
Thursday
26 February 2026
12.30pm - 2.30pm



Westfield Park Child and Parent Centre
11 Hemingway Drive
Camillo

✉ parenting@communicare.org.au
📍 www.trybooking.com/DISHQ

March

Little Sprouts
Wednesdays
4 March - 1 April 2026
9.30am - 11.00am

Victoria Park Community Centre
248 Gloucester Street
East Victoria Park

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIBSA

Let's Talk Teens
Tuesdays
10 & 17 March 2026
9.30am - 11.30am

Communicare
28 Cecil Avenue
Cannington

✉ parenting@communicare.org.au
📍 www.trybooking.com/DIFUM

The South East Metro Parenting Service (SEMPSS) is a free service for parents and carers of children aged 0 to 18. We're here to support you in your role as a parent, no judgment, no pressure. Just real conversations, practical tools, and a team that genuinely cares.

You might like to come along to a parenting workshop, have a one-to-one chat with one of our friendly team, or join a small group to connect with other parents. Whether you're feeling overwhelmed, looking for ideas, or just need someone to talk to, we're here to help.

We cover all kinds of parenting topics including parent-child relationships, attachment, behaviour, communication, emotional regulation, sleep, feeding, toileting, play and development.

We don't claim to have all the answers, but we'll walk alongside you and share strategies you can try in your own way, in your own time.

It's free, local, and designed to support you, because parenting doesn't come with a rulebook.

Join Communicare's online Parenting Community - A safe, supportive online community for local families or if you'd like to find out more or have a chat, we'd love to hear from you.

☎ 08 9251 5777
✉ parenting@communicare.org.au



Program Overviews

All About Sleep (1-session program)

For parents and carers of children 0-2 years

This workshop helps parents understand how their babies sleep, what patterns are common in the first few months and what a healthy, safe sleep environment looks like. We will discuss what circumstances make it hard for babies to achieve a restful sleep and realistic expectations of baby's development in this ever-changing period of growth.

Circle of Security® Parenting (8-session program)

For parents and carers of children 0-5 years

Parenting can sometimes feel like a complex puzzle, leaving you wondering what your child truly needs from you. You're not alone in this journey. Every parent experiences moments of uncertainty, and that's where the Circle of Security Parenting Program can make a difference.

The Circle of Security Parenting program looks beneath behaviour to make sense of what your child is really asking from you. It provides a 'map' to help better read your child's needs, understand your child's emotional world, support your child's ability to successfully manage emotions, build their self-esteem, support their need to build new skills, and strengthen the relationship you have with your child.

Let's Talk Teens (2-session program)

For parents and carers of children 12-18 years

This workshop supports parents to navigate the tricky teenage years.

- Gain more understanding about your teen's world and the changing role of parents.
- Explore the science of teenage development and how to effectively communicate in a way that builds connection and respect.
- Learn strategies that support teens to develop their identity and the skills needed to successfully transition into adulthood.

Little Sprouts (5-session program)

For parents and carers of babies 0-9 months

Have you recently had a new baby?

Join our 5 week group, to share and learn about your baby's growth and development, along with others who are also on this important journey.

Come along, have a cuppa in a relaxing and welcoming space. Topics and information will include:

- Calming and connecting with your baby through massage - learn some handy techniques
- Understanding your baby - early brain development
- Tuning in to your baby - social and emotional development
- Playing with baby - building brains through play
- Taking care of you, so you can take care of baby



Positive Discipline in Everyday Parenting (5-session program)

For parents and carers of children 4-12 years

Positive discipline is an approach to parenting that strengthens the child-parent relationship, guides behaviour and teaches children problem solving and conflict resolution.

It guides children through warmth and structure to increase their competence in handling challenging situations and developing empathy and respect for themselves and others. It is about long-term solutions that develop children's own self-discipline and their life-long skills.

The Power of Play (1-session program)

For parents and carers of children 0-12 years

Play is an essential activity for all children. It gives them the opportunity to develop imagination, problem solving skills and interpersonal skills. But, what does play look like in everyday life and how as parents can we set the scene for a healthy and age appropriate play environment?

This workshop will highlight the benefit and the value of play and provide parents with creative ways to interact with their child to support their development.

Tuning in to Kids® (6-session program)

For parents and carers of children 3-12 years

This interactive workshop will help parents and carers teach their children to understand and regulate their emotions. Children with good emotional intelligence often have better emotional, social and physical functioning, as well as fewer behavioural difficulties.

Tuning in to Kids® is a parenting program that aims to provide helpful ways of teaching children the skills of emotional intelligence.

Young Active Parents Program (Term Program)

For parents under the age of 25 years

Come and meet other parents in a welcoming atmosphere. Play and learn with your child and enjoy different fun activities each week.

A group facilitator will be available each week for further support.



Supported by



 **COMMUNICARE**
CREATING FUTURES

A 28 Cecil Ave, Cannington 6107
T 08 9251 5777
E parenting@communicare.org.au
W communicare.org.au