

Seniors Guide

Activities and services
for seniors living in
the City of Belmont



City of
Belmont



Acknowledgement of Country

The City of Belmont acknowledges the Noongar Nation and specifically the Whadjuk people as the Traditional Custodians of these lands and waters and we pay our respects to Elders past, present and future leaders.

We also acknowledge all Aboriginal and Torres Strait Islander peoples living within the City of Belmont.

Seniors Guide

Our Senior's Guide is a quick and easy reference about the wide range of activities, community groups, services and housing options within the City of Belmont.

We hope this Guide helps you to create and maintain friendships, maintain your health and start or grow a hobby!

If you need any further information, please contact the Community Development team on 9477 7219 or email community.development@wa.gov.au.

Information in this guide is correct as of January 2025.

Age-Friendly Advisory Group

Our Age-Friendly Advisory Group gives community members, service providers, support organisations and other stakeholders the chance to be actively involved in our commitment to creating an age-friendly community.

What do Age-Friendly Advisory Group members do?

They make recommendations and provide feedback on how our Age-Friendly Strategy is implemented and monitored. They also help share information on activities and services planned by the City or being held in the local area. The group meets four times a year.

How do I join?

If you are a community member and interested in joining the Age-Friendly Advisory Group, please contact the City's Seniors and Disability Engagement Officer on 9477 7149.

Ruth Faulkner Library and Belmont Museum

213 Wright Street, Cloverdale
Phone: (08) 9477 7150
Email: libraryandmuseum@belmont.wa.gov.au

Opening Hours

Monday to Friday: 9am to 7pm
Saturday: 10am to 3pm
Sunday: 1pm to 4pm

Library and Museum Services

Ruth Faulkner Library and Belmont Museum offer much more than an amazing collection of books, DVDs, artefacts, and digital resources. You'll find meeting rooms, free computers, printing services, audio visual recording spaces, help with research, entertainment for any visiting family members and so much more! Our staff love to help our community connect to information, entertainment, and each other.

Home delivery service

If you can't visit the library because of illness, injury or other reasons, you may be eligible for our home delivery service. This is a free service for City of Belmont residents where we can provide for a month or two during your recovery period or permanently, depending on your situation. Once you're signed up, staff will select items based on your interests and deliver them to your door. To apply for the library's home delivery service, get in touch with us by phone or email.



Accessibility

We have a range of services and facilities available to help people of every age and ability get the most out of the library and museum. The library and museum are fully accessible for those with mobility aids with sign posted accessible parking bays near the entrance. You'll find large print items and an extensive audio collection – both physical and digital – as well as large print keyboards and computers. Hearing assistance is available over WiFi directly to your mobile phone throughout the library and museum area.

Visit Belmont Museum

Discover the stories of the many people who lived, worked, and played in the City of Belmont. Over the years, boundaries and place names have changed, and entire communities have emerged, flourished, and faded away again. There are many reasons to visit and discover more about your City's rich history.

Family History Research

You might like to start your research journey with a visit to the Peg Parkin Local History Room. You'll find amazing resources for family history enthusiasts and Genealogists alike. You'll find free access to Findmypast and Ancestry Library Edition along with a wealth of information in the City of Belmont's archives and Belmont Museum collection.





Events

We run a number of age friendly events throughout the year.

These events will be advertised in the Belmont Bulletin and on the City's website closer to the date.



Belmont Blockbusters



Harmony Week Festival



Reconciliation and NAIDOC Weeks



Seniors Information and Activity Day



Avon Descent



Seniors Week



International Day of People with Disability



Let's Celebrate Christmas

Community Safety

We prioritise the safety and well-being of residents, particularly seniors. Through input provided from key community support groups, like our Community Safety Alliance, we implement strategies, initiatives, and programs to address local safety concerns.

Our resources for seniors

- Free Security Appraisals: Assess your home's safety.
- Community Watch Patrols: Active 24/7 for added security.
- Cyber Safety Tips: Guidance tailored for seniors.
- E Bicycle Registration: for bicycles, eScooters and eRideables to aid recovery if stolen.

Safety Tips

- Be aware of online scams.
- Enhance home security.
- Practice personal safety when out.

Important contact information

Who	What	How
Police, fire and ambulance	Life threatening emergency	Call 000
Police	Non-emergency	Call 131 444
Crime Stoppers	Report criminal activity anonymously	Call 1800 333 000
City of Belmont Community Watch	24/7 security patrols	Call 1300 655 011
City of Belmont Rangers	Dog and cat control, parking and fire control	Call (08) 9477 7224
City of Belmont Crime Prevention Office	For more details on community safety.	Call (08) 9477 7222 or email belmont@belmont.wa.gov.au

Remember: Always report suspicious or criminal activity to the appropriate authorities.

For all emergency situations please call 000.

Elder abuse

Advocare

Advocare is a Western Australian organisation dedicated to supporting older individuals, especially those at risk of elder abuse. It assists seniors in understanding their rights and provides free, confidential information and support. Advocare also raises awareness about elder abuse and offers guidance on accessing essential services to protect the rights and dignity of older adults.

Call the WA Elder Abuse Helpline and Information Service on 1300 724 679

Website: www.advocare.org.au

Australian Red Cross:

The Australian Red Cross offers essential support to seniors through several key programs designed to reduce isolation and enhance wellbeing:

Aged Care Volunteer Visitors Scheme (ACVVS): Volunteers provide companionship to seniors in aged care or at home.

Contact: 1300 440 813

TeleCHAT: Regular social phone calls offering friendly conversation and connection.

Contact: 1300 885 698 or telechat@redcross.org.au

Telecross: Daily check-in calls to ensure the safety and wellbeing of seniors living alone.

Contact: 1300 885 698

These programs help seniors stay connected, supported, and safe in their communities.

Scams Awareness

Be Connected

Be Connected is a national program focused on enhancing digital skills among older Australians. It offers free online resources and training to help seniors use technology for tasks like managing finances and staying in touch with loved ones. The initiative includes community support and digital mentoring to build confidence in using digital tools.

Be Connected helpline on 1300 795 897, Monday to Friday, 9am – 5pm (AEST/AEDT)

Website: www.beconnected.esafety.gov.au

ScamWatch

ScamWatch is an Australian Government service that provides information and support to help people identify and avoid scams. It offers updates on current scams, advice on how to protect oneself, and resources for reporting fraudulent activities. ScamWatch aims to raise awareness and help individuals avoid financial and personal harm from scams.

Website: www.scamwatch.gov.au

Workshops

Due to the growing prevalence of scams worldwide, which often target seniors, we are introducing quarterly workshops. These workshops are designed to empower seniors by enhancing their understanding of scams and equipping them with the skills to navigate modern technology with confidence and ease.

Programs and activities

Author talks, speakers, demonstrations and more

Varies

Ruth Faulkner Library and Belmont Museum host authors, academics, and persons of interest to educate and entertain the community.

When Events held throughout the year.	Address Events Room, Ruth Faulkner Library, 213 Wright Street, Cloverdale	Contact P: 9477 7150
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Belmont Interest Group (BIG)

Relax and enjoy good company while listening to guest speakers and presenters followed by a social afternoon tea.

When First Friday of each month, from 2:30pm to 3:30pm	Address Activity Hall, Belmont Hub (Plaza Entry), 213 Wright Street, Cloverdale	Contact P: 9477 7149
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Book Club

Free

Discuss and review books of all genres and meet like-minded readers in this diverse and welcoming group. Registration required.

When Once a month on a Sunday, 2pm to 3pm.	Address Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	Contact P: 9477 7150
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Community Lab – Board Games

Free

Enjoy a wide range of games from the classics such as Mah-jong and Scrabble through to modern favourites such as Unstable Unicorns.

When Wednesdays, 9:30am to 12pm	Address Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	Contact P: 9477 7150
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Community Lab – Craft Corner

Free

A space for adults to chat, knit, crochet, craft and create with friends both old and new. You don't have to be an expert to join in, this is a judgement free zone.

When Tuesdays, 9:30am to 12pm	Address Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	Contact P: 9477 7150
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CountUSin

*\$13.50
per week*

A 10-week wellness program available to residents who are seeking support to improve their health and wellbeing.

When

Mondays, Tuesdays
and Thursdays,
12pm to 2pm

E: healthy.
communities@
belmont.wa.gov.au

Address

Belmont Oasis
Leisure Centre,
Progress Way,
Cloverdale

Contact

P: 9477 7438

Hands on History

Varies

Explore history through hands on activities in this engaging workshop series. This creative take on historical education is a chance to walk down memory lane or learn the origins of a new skill.

When

Events held
throughout the year.

Address

Innovation Lab,
Ruth Faulkner
Library, 213 Wright
Street, Cloverdale

Contact

P: 9477 7150

Connect Club Series

Free

The Connect Club empowers seniors by helping them develop essential technology skills in a supportive environment. Participants learn to use devices like smartphones and computers, navigate email, social media, and video calls, and access online services, enhancing their independence and connection with others.

When

Events held
throughout the year.

Address

Belmont Hub, 213
Wright Street,
Cloverdale.

Contact

P: 9477 7179

Community and interest groups

Amphitheatre Arts

Free

Engage in a variety of creative activities, including watercolor painting, life drawing, and crocheting. The group provides a welcoming and supportive environment for all skill levels.

When

Mondays,
10am to 1pm

Address

Belmont Resource
Centre, Arts and
Craft Room, 39
Elizabeth Street,
Cloverdale

Contact

Helen Dean
P: 0432 380 055

Befriend

Free membership. Activities may attract fees

Befriend's volunteers host casual events such as afternoon teas, outdoor adventures, shared meals, arts and crafts, picnics, movies, and board games.

When

Events held
throughout the year.

Address

Various locations

Contact

P: 0401 831 201

Belmont Districts Probus Club Inc.

Annual membership fee

Meet to listen to informed speakers, go on outings and join together with other members for fellowship.

When

Second Wednesday
of each month,
9:30am.

Address

Forster Park
Community Centre,
Corner Keane and
Abernethy Road,
Cloverdale.

Contact

Margeret Collins
P: 0451 659 103

Belmont Men's Shed

\$75 annual membership fee

A meeting point for men in the community to come and apply their skills or simply meet to have a cuppa. Belmont Men's Shed provides a well-equipped workplace where you can express your talents or help others.

When

Monday to Friday,
9am to 12pm

Address

57 Robinson Road,
Belmont

Contact

P: 6150 0124

Belmont Potters Group

\$70 annual membership fee, includes first session and bag of clay

A meeting place for anyone with an interest in clay. This group promotes pottery and ceramic making in the community.

When

Sundays and
Mondays, 1pm to
3pm.

Wednesdays, 7pm to
9pm.

Address

58 Elizabeth Street,
Cloverdale

Contact

www.belmontpotters
group.com
P: 0423 682 287

City of Belmont RSL Sub-branch

Annual membership fee

Offers something for everyone, including a dance night, social lawn bowls, luncheons and other events held throughout the year.

When

Contact club for
opening hours.

Address

22 Leake Street,
Ascot

Contact

P: 9478 2329

Forget Me Not Memory Café

Free

Are you, a family member or someone you care for living with dementia? Come along with your loved one and join us for a coffee and companionship in a warm and friendly atmosphere.

When

Fourth Wednesday
of each month,
10am to 12pm

Address

Innovation Lab, Ruth
Faulkner Library,
213 Wright Street,
Cloverdale

Contact

Angi
P: 0468 549 143

Repair Café

Free

A monthly event inviting community members to bring in broken household items for repair with the help of a volunteer repairer.

When

Monthly

Address

Perth Alliance
Church, 324
Belmont Avenue,
Kewdale

Contact

P: 0412 155 790

Rotary Club of Ascot

Free - Breakfast at own cost

This group provides support to well known local communities activities and raises money for both local and international causes - Home of Bricktober – our annual Lego event in October.

When

Second and fourth
Tuesday of each
month 7:15am to
8:30am (breakfast
7am)

Address

The Dome,
Knutsford Avenue,
Belmont

Contact

E: ascotrotarywa@
gmail.com

Rotary Club of Belmont

*\$350 annual membership
\$30 per Thursday lunch
meeting at Ascot Inn*

This group raises funds for community projects and runs the "ROTAMART" flea market at the Belmont Forum car park on Sunday mornings. Enquiries:

When	Address	Contact
Weekly Thursdays, 12pm to 1:30pm	Ascot Inn, 1 Epsom Avenue, Ascot	P: 9277 6713 P: 0403 051 081

Senior Citizens Club

*\$10 annual
Some activities attract fees membership*

This club caters for the over 55's with a range of activities including monthly bus outings, bingo, boot-scooting, snooker, carpet bowls, craft group, cards and Tai Chi. The club hosts an Italian group and offers a low-cost hairdressing service to members. Public Bingo is held on Thursday evenings.

When	Address	Contact
Events held throughout the year.	Seniors Hub, 213 Wright Street, Cloverdale	P: 0428 800 196 E: belmontseniorcitz @outlook.com

WA Lapidary and Rock Hunting Club

Annual membership fees

The perfect club for rock lovers and enthusiasts, offering a range of workshops in creative arts. Share your hobby in a fun environment and be a part of a fantastic volunteer-led community.

When	Address	Contact
Daily activities.	31 Gladstone Street, Rivervale	P: 0439 216 660 E: enquiries@ walapidaryclub.org. au

Getting active

Ascot Kayak Club

Contact for fee information

Ascot Kayak Club (AKC) is Australia's largest kayak/canoe club. We have a large contingent of recreational and social members over the age of 60 years.

When	Address	Contact
Events held throughout the year.	Garvey Park, Faulteroy Avenue, Ascot	P: 0430 561 853 E: akcadministration @gmail.com

Ascot Waters Walking Group

Free

Enjoy river views whilst enjoying a morning walk around Ascot Waters. A fun and social way to get your daily steps up.

When	Address	Contact
Summer: Tuesdays, 6:45am. Winter: Tuesdays 7:15am	Ascot Waters, end of Pitman Park, Waterway Crescent	Sophie Moore P: 9477 7454

Belmont Bowling Club

Annual membership fee

Lawn Bowls is a game for all ages and abilities. People of all ages and skill levels can join to enjoy lawn bowls as a social activity or a competitive outlet.

When	Address	Contact
Mens: Thursdays, Saturdays, and some Sundays Ladies: Tuesdays and Wednesdays	Corner Keane & Abernethy Rd, Cloverdale	Trevor Metcalf P: 0418 259 056

Belmont Forum Mall Walking Group

Free

Belmont Forum Mall Walking Group offers the opportunity to walk throughout the year! Starting with a gentle stretch, a few laps inside the forum and then join old and new friends for a cuppa.

When

Wednesdays and
Fridays, 8am to 9am

Address

Belmont Forum
Shopping Centre (in
front of Cotton on)

Contact

Belmont Forum
Shopping Centre
P: 9478 2152
P: 0419 161 079

Belmont Masters Swimming Club

*Annual membership fees
Four free trial sessions available*

A swimming club for all ages that supports a diverse variety of capabilities, from those who can barely swim a lap, to world record holders.

When

Mondays and
Wednesdays,
6:30pm to 7:30pm,
Fridays, 7am to
8am and Sundays,
8:30am.

Address

Belmont Oasis
Leisure Centre,
Progress Way,
Cloverdale

Contact

P: 0419 580 912

E: belmontaussi@
hotmail.com

Belmont Oasis Leisure Centre

*Contact for fee
information*

Offers a range of facilities and programs including gym, group fitness, pool, spa, sauna, indoor sports courts and swim lessons for adults, children, seniors, families and sporting groups.

When

Various activities
weekly.

Address

Belmont Oasis
Leisure Centre,
Progress Way,
Belmont

Contact

P: 9277 1622

Belmont Park Tennis Club

*\$10 per session (casual)
or \$5 for members*

The club offers both social and competitive tennis for all ages. There are courts for hire with croquet and pickleball are also available. Come down and join us. Clubhouse available for hire for weddings and functions.

When

Various activities
weekly.

Address

351 to 353 Robinson
Ave, Belmont

Contact

Pauline Mccarthy
P: 0409 207 541

Belmont Sport and Recreation Club

Annual member fees

Home to lawn bowls, darts and pool events with over 30 affiliated clubs and groups.

When

Events held
throughout the year.

Address

Corner Keane and
Abernethy Road,
Cloverdale

Contact

P: 9478 2051
E: admin@bsrc.com.
au

Centenary Park Heart Foundation Walking Group

Free

A great park to suit all fitness levels. The Centenary Park Heart Foundation Walking Group is a great way to meet new people and socialise whilst finding your daily 30!

When

Saturdays, 8am

Address

Centenary Park,
clubrooms at Daly
Street entrance

Contact

Sophie Moore
P: 9477 7454

Healthy Heart Walkers

Free

The Healthy Heart Walkers have been walking around Tomato Lake for over 15 years. The group welcomes anyone who would like to enjoy the beautiful scenery of Tomato Lake.

When Thursdays, 8:30am	Address Tomato Lake, picnic tables at the end of Scenic Drive carpark	Contact Sophie Moore P: 9477 7454
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Prime Movers

*\$20 annual membership
Members \$5 per class, casual \$6 per class*

An exercise class for the over 50's, make friends while keeping fit.

When Tuesday and Thursday mornings	Address Belmont Oasis, Progress Way, Cloverdale	Contact P: 0444 60 037
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Tomato Lake Heart Foundation Walking Group

Free

With an abundance of bird life, Tomato Lake is a beautiful place to walk. The lake has a number of walk lengths to suit all fitness abilities. Joining a walking group is a fun and social way to get your daily steps up.

When Wednesdays, 5pm	Address Tomato Lake, outside Tomato Lake Café, Scenic Drive	Contact Sophie Moore P: 9477 7454
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Community services

Umbrella Multicultural Community Care

*Free for City
of Belmont residents.*

This organisation provides community home services for eligible residents who wish to remain in their home as they age. The services are available to all with a specific focus on culturally diverse groups. Includes a day club here in Belmont.

When Monday to Friday, 9am to 5pm	Address 39 Abernethy Road, Cloverdale	Contact P: 9275 4411
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Jacaranda Community Centre Inc.

Free

Provides a range of free programs for Aboriginal community members and offers a range of culturally appropriate services such as financial counseling, emergency relief and advocacy. Host the annual NAIDOC week event.

When Monday to Thursday, 8am to 4pm Friday, 9am to 2pm	Address 146 Epsom Avenue, Belmont	Contact P: 9477 4346
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MercyCare

Contact directly for fee information

Offers a range of community-based support services for those eligible residents via the Commonwealth Home Support Program. Including in home services, a social program at Harman Park Community Centre and a community transport.

When Monday to Friday, 8:30am to 4pm	Address 21 Harman Street, Belmont	Contact Day Centre: 6381 7150 Transport: 6381 7152 In-Home Services: 9442 3498
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Accommodation and housing

Independent Living Units

We provide four Independent Living Unit complexes, managed by Southern Cross Care (WA) Inc. These units are available to eligible applicants who are over 55 years of age.

📍 **Ascot Close, Gabriel Gardens, Orana, and Wahroonga Independent Living Units**

🌐 belmont.wa.gov.au/live/community-groups/seniors/housing-for-seniors

Faulkner Park Retirement Estate

Retirement Village with a total of 72 units with a village clubhouse as a communal space.

📍 **39 Elizabeth Street, Cloverdale**
☎ **9277 3344**

Residential aged care facilities

Aegis Karalee

☎ 9277 1099

Aegis Lakeside

☎ 9269 9100

Aegis Parkview

☎ 9269 9100

📍 Brightwater, 23 Johnson Road, Redcliffe

☎ 1800 005 009

CraigCare Ascot Waters

📍 2 Waterway Crescent, Ascot

☎ 6159 1000

Hall and Prior

📍 5 Kemp Place, Rivervale

☎ 9277 2735

My Aged Care

We know most of us wish to remain in our own home as we age. If you need some help around the house or think it's time to look into aged care homes, My Aged Care is here to help.

☎ **1800 200 422** 🌐 myagedcare.gov.au





City of
Belmont

215 Wright Street, Cloverdale WA 6105

Locked Bag 379, Cloverdale WA 6985

Open 8:30am - 4:45pm, Monday - Friday

☎ PH: (08) 9477 7222

☎ A/H: (08) 9477 7224

✉ belmont@belmont.wa.gov.au

🌐 belmont.wa.gov.au

📘 BelmontCouncilWA

🌐 City-of-Belmont-WA

▶ CityofBelmontWA