

# Seniors Guide 2026

Activities and services  
for seniors living in  
the City of Belmont



City of  
**Belmont**





### Acknowledgement of Country

The City of Belmont acknowledges the Whadjuk Noongar people as the Traditional Owners of this land and we pay our respects to Elders past, present and emerging. We further acknowledge their cultural heritage, beliefs, connection and relationship with this land which continues today.

We acknowledge all Aboriginal and Torres Strait Islander peoples living within the City of Belmont.

## Seniors Guide

Our Seniors Guide is a quick and easy reference about the wide range of activities, community groups, services and housing options within the City of Belmont.

We hope this Guide helps you to create and maintain friendships, maintain your health and start or grow a hobby!

**If you need any further information, please contact the Community Development team on 9477 7219 or email [community.development@wa.gov.au](mailto:community.development@wa.gov.au).**

Information in this guide is correct as of March 2026.

## Age-Friendly Advisory Group

Our Age-Friendly Advisory Group gives community members, service providers, support organisations and other stakeholders the chance to be actively involved in our commitment to creating an age-friendly community.

### What do Age-Friendly Advisory Group members do?

They make recommendations and provide feedback on how our Age-Friendly Strategy is implemented and monitored.

They also help share information on activities and services planned by the City or being held in the local area.

The group meets four times a year.

### How do I join?

If you are a community member and interested in joining the Age-Friendly Advisory Group, please contact the City's Seniors and Disability Engagement Officer on 9477 7149.

# Ruth Faulkner Library and Belmont Museum

213 Wright Street, Cloverdale  
Phone: (08) 9477 7150  
Email: libraryandmuseum@belmont.wa.gov.au

## Opening Hours

Monday to Friday: 9am to 7pm  
Saturday: 10am to 3pm  
Sunday: 1pm to 4pm

## Library and Museum Services

Ruth Faulkner Library and Belmont Museum offer much more than an amazing collection of books, DVDs, artefacts, and digital resources. You'll find meeting rooms, free computers, printing services, audio visual recording spaces, help with research, entertainment for any visiting family members and so much more! Our staff love to help our community connect to information, entertainment, and each other.

## Home delivery service

If you can't visit the library because of illness, injury or other reasons, you may be eligible for our home delivery service. This is a free service for City of Belmont residents where we can provide for a month or two during your recovery period or permanently, depending on your situation. Once you're signed up, staff will select items based on your interests and deliver them to your door. To apply for the library's home delivery service, get in touch with us by phone or email.



## Accessibility

We have a range of services and facilities available to help people of every age and ability get the most out of the library and museum. The library and museum are fully accessible for those with mobility aids with sign posted accessible parking bays near the entrance. You'll find large print items and an extensive audio collection – both physical and digital – as well as large print keyboards and computers. Hearing assistance is available over WiFi directly to your mobile phone throughout the library and museum area.

## Visit Belmont Museum

Discover the stories of the many people who lived, worked, and played in the City of Belmont. Over the years, boundaries and place names have changed, and entire communities have emerged, flourished, and faded away again. There are many reasons to visit and discover more about your City's rich history.

## Family History Research

You might like to start your research journey with a visit to the Peg Parkin Local History Room. You'll find amazing resources for family history enthusiasts and Genealogists alike. You'll find free access to Findmypast and Ancestry Library Edition along with a wealth of information in the City of Belmont's archives and Belmont Museum collection.





## Events

We run a number of age friendly events throughout the year.

These events will be advertised in the Belmont Bulletin and on the City's website closer to the date.



**Belmont Blockbusters**



**Harmony Week Festival**



**Reconciliation and NAIDOC Weeks**



**Seniors Information and Activity Day**



**Avon Descent**



**Seniors Week**



**Kidz Fest**



**International Day of People with Disability**



**Let's Celebrate Christmas**

## Community Safety

We prioritise the safety and well-being of residents, particularly seniors. Through input provided from key community support groups, like our Community Safety Alliance, we implement strategies, initiatives, and programs to address local safety concerns.

### Our resources for seniors

- Free Security Appraisals: Assess your home's safety.
- Community Watch Patrols: Active 24/7 for added security.
- Cyber Safety Tips: Guidance tailored for seniors.
- E Bicycle Registration: for bicycles, eScooters and eRideables to aid recovery if stolen.

### Safety Tips

- Be aware of online scams.
- Enhance home security.
- Practice personal safety when out.

### Important contact information

Who	What	How
Police, fire and ambulance	Life threatening emergency	Call 000
Police	Non-emergency	Call 131 444
Crime Stoppers	Report criminal activity anonymously	Call 1800 333 000
City of Belmont Community Watch	24/7 security patrols	Call 1300 655 011
City of Belmont Rangers	Dog and cat control, parking and fire control	Call (08) 9477 7224
City of Belmont Crime Prevention Office	For more details on community safety.	Call (08) 9477 7222 or email <a href="mailto:belmont@belmont.wa.gov.au">belmont@belmont.wa.gov.au</a>

Remember: Always report suspicious or criminal activity to the appropriate authorities.

For all emergency situations please call 000.

## Community Service

### Subsidised Transport Service to Medical Appointments

Community Patient Transport (CPT) services provide subsidised travel through the Department of Health and are available to eligible seniors living in the Perth metropolitan area.

Five service providers operate across the Perth metropolitan area to deliver planned community patient transport.

#### Eligibility Criteria

To be eligible for Community Patient Transport, you must meet all of the following requirements:

- You are a Western Australian resident.
- You are aged **65 years or over**, or **55 years or over** if you are a First Nations or Torres Strait Islander person.
- You have a referral from a Medical Professional confirming that you require clinically necessary transport.
- You receive a pension under the Social Security Act 1991.

#### Community Patient Transport Process

##### 1. Check eligibility and complete the Referral Form

Contact your chosen transport provider to confirm eligibility and request their Referral Form.

This form must be completed by your Medical Professional before any transport bookings can be made.

##### 2. Make your booking in advance

Once your completed Referral Form has been submitted and approved by the provider, bookings must be made ahead of time to ensure availability.

For more information visit : [Community patient transport services](#)

([www.healthywa.wa.gov.au/articles/a\\_e/community-patient-transport-services](http://www.healthywa.wa.gov.au/articles/a_e/community-patient-transport-services))

## Elder abuse

### Advocare

Advocare is a Western Australian organisation dedicated to supporting older individuals, especially those at risk of elder abuse. It assists seniors in understanding their rights and provides free, confidential information and support. Advocare also raises awareness about elder abuse and offers guidance on accessing essential services to protect the rights and dignity of older adults.

**Call the WA Elder Abuse Helpline and Information Service on 1300 724 679**

**Website: [www.advocare.org.au](http://www.advocare.org.au)**

### Australian Red Cross:

The Australian Red Cross offers essential support to seniors through several key programs designed to reduce isolation and enhance wellbeing:

**Aged Care Volunteer Visitors Scheme (ACVVS):** Volunteers provide companionship to seniors in aged care or at home.

**Contact:** 1300 440 813

**TeleCHAT:** Regular social phone calls offering friendly conversation and connection.

**Contact:** 1300 885 698 or [telechat@redcross.org.au](mailto:telechat@redcross.org.au)

**Telecross:** Daily check-in calls to ensure the safety and wellbeing of seniors living alone.

**Contact:** 1300 885 698

These programs help seniors stay connected, supported, and safe in their communities.

## Scams Awareness

### Be Connected

Be Connected is a national program focused on enhancing digital skills among older Australians. It offers free online resources and training to help seniors use technology for tasks like managing finances and staying in touch with loved ones. The initiative includes community support and digital mentoring to build confidence in using digital tools.

**Be Connected helpline on 1300 795 897,  
Monday to Friday, 9am – 5pm (AEST/AEDT)**

**Website: [www.beconnected.esafety.gov.au](http://www.beconnected.esafety.gov.au)**

### ScamWatch

ScamWatch is an Australian Government service that provides information and support to help people identify and avoid scams. It offers updates on current scams, advice on how to protect oneself, and resources for reporting fraudulent activities. ScamWatch aims to raise awareness and help individuals avoid financial and personal harm from scams.

**Website: [www.scamwatch.gov.au](http://www.scamwatch.gov.au)**



## Programs and activities

### Author talks, speakers, demonstrations and more

*Varies*

Ruth Faulkner Library and Belmont Museum host authors, academics, and persons of interest to educate and entertain the community.

When	Address	Contact
Events held throughout the year.	Events Room, Ruth Faulkner Library, 213 Wright Street, Cloverdale	P: 9477 7150

### Belmont Interest Group (BIG)

Relax and enjoy good company while listening to guest speakers and presenters followed by a social afternoon tea.

When	Address	Contact
First Friday of each month, from 2:30pm to 3:30pm	Activity Hall, Belmont Hub (Plaza Entry), 213 Wright Street, Cloverdale	P: 9477 7149

### Belmont Seniors Club

*\$10 annual membership*

*Some activities attract fees*

This club caters for the over 55's with a range of activities including monthly bus outings, bingo, boot-scooting, snooker, carpet bowls, craft group, cards and Tai Chi. The club hosts an Italian group and offers a low-cost hairdressing service to members. Public Bingo is held on Thursday evenings.

When	Address	Contact
Events held throughout the year.	Seniors Hub, 213 Wright Street, Cloverdale	P: 9479 6587 E: belmontseniorcitz@outlook.com



### Book Club

*Free*

Discuss and review books of all genres and meet like-minded readers in this diverse and welcoming group. Registration required.

When	Address	Contact
Twice a month on a Sunday (2pm to 3pm) and a Wednesday (1:30pm to 2:30pm)	Ruth Faulkner Library, 213 Wright Street, Cloverdale	P: 9477 7150

### Community Lab – Board Games

*Free*

Enjoy a wide range of games from the classics such as Mah-jong and Scrabble through to modern favourites such as Unstable Unicorns.

When	Address	Contact
Wednesdays, 9:30am to 12pm	Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	P: 9477 7150

## Community Lab – Craft Corner

Free

A space for adults to chat, knit, crochet, craft and create with friends both old and new. You don't have to be an expert to join in, this is a judgement free zone.

### When

Tuesdays, 9:30am to 12pm

### Address

Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale

### Contact

P: 9477 7150

## CountUSin

*\$15 per week*

A 10-week wellness program available to residents who are seeking support to improve their health and wellbeing.

### When

Mondays, Tuesdays and Thursdays, 12pm to 2pm

E: [healthy.communities@belmont.wa.gov.au](mailto:healthy.communities@belmont.wa.gov.au)

### Address

Belmont Oasis Leisure Centre, Progress Way, Cloverdale

### Contact

P: 9477 7438

## Hands on History

*Varies*

Explore history through hands on activities in this engaging workshop series. This creative take on historical education is a chance to walk down memory lane or learn the origins of a new skill.

### When

Events held throughout the year.

### Address

Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale

### Contact

P: 9477 7150

## Community and interest groups

### Amphitheatre Arts

Free

Engage in a variety of creative activities, including watercolor painting, life drawing, and crocheting. The group provides a welcoming and supportive environment for all skill levels.

### When

Mondays, 10am to 1pm

### Address

Belmont Resource Centre, Arts and Craft Room, 43 Elizabeth Street, Cloverdale

### Contact

Helen Dean  
P: 0432 380 055

### Belmont Weight Watchers

Member of Weight Watchers Federation WA Inc.

*\$4 per week*

Interested in improving your personal health and wellbeing? Belmont Weight Watchers Club is a non-profit organisation with principles based on mutual support, nutritional information sharing, and a programme directed towards reaching personal goals, through setting and maintaining a healthy lifestyle. The weekly meetings provide social, friendly, informative, and helpful activities. *All Welcome*

### When

Tuesdays  
8:15am to 10:15am

### Address

Belmont RSL  
22 Leake St, Ascot

### Contact

WW Fed Office  
9451 6588  
Mon, Wed, Fri.

### Befriend

*Free membership. Activities may attract fees*

Befriend's volunteers host casual events such as afternoon teas, outdoor adventures, shared meals, arts and crafts, picnics, movies, and board games.

### When

Events held throughout the year.

### Address

Various locations

### Contact

P: 0404 831 201

**Belmont Districts  
Probus Club Inc.**

*Annual membership fee*

Meet to listen to informed speakers, go on outings and join together with other members for fellowship.

<b>When</b>	<b>Address</b>	<b>Contact</b>
Second Wednesday of each month, 9:30am.	Forster Park Community Centre, Corner Keane and Abernethy Road, Cloverdale.	Margeret Collins P: 0451 659 103

**Belmont Men's Shed**

*\$85 annual membership fee*

A meeting point for men in the community to come and apply their skills or simply meet to have a cuppa. Belmont Men's Shed provides a well-equipped workplace where you can express your talents or help others.

<b>When</b>	<b>Address</b>	<b>Contact</b>
Monday to Friday, 9am to 12pm	57 Robinson Road, Belmont	P: 6150 0124

**Belmont Potters  
Group**

*\$70 annual membership fee, includes first session and bag of clay*

A meeting place for anyone with an interest in clay. This group promotes pottery and ceramic making in the community.

<b>When</b>	<b>Address</b>	<b>Contact</b>
Sundays and Mondays, 1pm to 3pm. Wednesdays, 7pm to 9pm.	43 Elizabeth Street, Cloverdale	www.belmontpottersgroup.com P: 0423 682 287

**City of Belmont RSL Sub-branch**

*Annual membership fee*

Offers something for everyone, including a dance night, social lawn bowls, luncheons and other events held throughout the year.

<b>When</b>	<b>Address</b>	<b>Contact</b>
Contact club for opening hours.	22 Leake Street, Ascot	P: 9478 2329

**Forget Me Not Memory Café**

*Free*

Are you, a family member or someone you care for living with dementia? Come along with your loved one and join us for a coffee and companionship in a warm and friendly atmosphere.

<b>When</b>	<b>Address</b>	<b>Contact</b>
Fourth Wednesday of each month, 10am to 12pm	Ruth Faulkner Library, 213 Wright Street, Cloverdale	Angi P: 0468 549 143

**Repair Café**

*Free*

A monthly event inviting community members to bring in broken household items for repair with the help of a volunteer repairer.

<b>When</b>	<b>Address</b>	<b>Contact</b>
2nd Saturday of each month 1pm to 2:30pm	Perth Alliance Church, 324 Belmont Avenue, Kewdale	P: 0412 155 790

## Rotary Club of Ascot

*Free - Breakfast at own cost*

This group provides support to well known local communities activities and raises money for both local and international causes - Home of Bricktober – our annual Lego event in October.

### When

Second and fourth Tuesday of each month 7:15am to 8:30am (breakfast 7am)

### Address

The Dome,  
Knutsford Avenue,  
Belmont

### Contact

E: ascotrotarywa@gmail.com

## Rotary Club of Belmont

*\$350 annual membership  
\$30 per Thursday lunch  
meeting at Ascot Inn*

This group raises funds for community projects and runs the "ROTAMART" flea market at the Belmont Forum car park on Sunday mornings. Enquiries:

### When

Weekly Thursdays,  
12pm to 1:30pm

### Address

Ascot Inn, 1 Epsom  
Avenue, Ascot

### Contact

P: 9277 6713  
P: 0403 051 081

## WA Lapidary and Rock Hunting Club

*Annual membership fees*

The perfect club for rock lovers and enthusiasts, offering a range of workshops in creative arts. Share your hobby in a fun environment and be a part of a fantastic volunteer-led community.

### When

Daily activities.

### Address

31 Gladstone Street,  
Rivervale

### Contact

P: 0439 216 660  
E: enquiries@  
walapidaryclub.org.  
au

## Getting active

### Ability Dance Classes

*Free for City of Belmont residents*

A fun and inclusive social dance class designed to support people who benefit from a structured, supportive movement environment, while remaining open to all community members.

### When

Mondays,  
6:00pm to 7:00pm

### Address

Seniors Hub  
(Activity Hall)

### Contact

0439 460 487

### Ascot Kayak Club

*Contact for fee information*

Ascot Kayak Club (AKC) is Australia's largest kayak/canoe club. We have a large contingent of recreational and social members over the age of 60 years.

### When

Events held  
throughout the year.

### Address

Garvey Park,  
Fauntleroy Avenue,  
Ascot

### Contact

P: 0430 561 853  
E: admin@  
ascotkayakclub.asn.  
au

### Ascot Waters Walking Group

*Free*

Enjoy river views whilst enjoying a morning walk around Ascot Waters. A fun and social way to get your daily steps up.

### When

Summer: Tuesdays,  
6:45am.  
Winter: Tuesdays  
7:15am

### Address

Ascot Waters, end  
of Pitman Park,  
Waterway Crescent

### Contact

Leisure Services  
P: 9477 7454

**Belmont Bowling Club***Annual membership fee*

Lawn Bowls is a game for all ages and abilities. People of all ages and skill levels can join to enjoy lawn bowls as a social activity or a competitive outlet.

**When**

Open Monday to Sunday for all.

**Address**

Corner Keane & Abernethy Rd, Cloverdale

**Contact**

Trevor Metcalf  
P: 0478 614 419

**Belmont Forum Mall Walking Group***Free*

Belmont Forum Mall Walking Group offers the opportunity to walk throughout the year! Starting with a gentle stretch, a few laps inside the forum and then join old and new friends for a cuppa.

**When**

Wednesdays and Fridays, 8am to 9am

**Address**

Belmont Forum Shopping Centre (in front of Cotton on)

**Contact**

Belmont Forum Shopping Centre  
P: 9478 2152  
P: 0419 161 079

**Belmont Masters Swimming Club***Annual membership fees  
Four free trial sessions available*

A swimming club for all ages that supports a diverse variety of capabilities, from those who can barely swim a lap, to world record holders.

**When**

Mondays and Wednesdays, 6:45pm to 7:45pm, Fridays, 7am to 8am and Sundays, 8:30am.

**Address**

Belmont Oasis Leisure Centre, Progress Way, Cloverdale

**Contact**

P: 0419 580 912  
E: belmontaussi@hotmail.com

**Belmont Oasis Leisure Centre***Contact for fee information*

Offers a range of facilities and programs including gym, group fitness, pool, spa, sauna, indoor sports courts and swim lessons for adults, children, seniors, families and sporting groups.

**When**

Various activities weekly.

**Address**

Belmont Oasis Leisure Centre, Progress Way, Belmont

**Contact**

P: 9277 1622

**Belmont Park Tennis Club***\$10 per session (casual)  
or \$5 for members*

The club offers both social and competitive tennis for all ages. There are courts for hire with croquet and pickleball are also available. Come down and join us. Clubhouse available for hire for weddings and functions.

**When**

Various activities weekly.

**Address**

351 to 353 Robinson Ave, Belmont

**Contact**

E: secretary.bptc@gmail.com

**Belmont Sport and Recreation Club***\$20 annual fee*

Home to lawn bowls, darts and pool events with over 30 affiliated clubs and groups.

**When**

Events held throughout the year.

**Address**

Corner Keane and Abernethy Road, Cloverdale

**Contact**

P: 9478 2051  
E: admin@bsrc.com.au

### Centenary Park Heart Foundation Walking Group

Free

A great park to suit all fitness levels. The Centenary Park Heart Foundation Walking Group is a great way to meet new people and socialise whilst finding your daily 30!

<b>When</b> Saturdays, 8am	<b>Address</b> Centenary Park, clubrooms at Daly Street entrance	<b>Contact</b> Leisure Services P: 9477 7454
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### Healthy Heart Walkers

Free

The Healthy Heart Walkers have been walking around Tomato Lake for over 15 years. The group welcomes anyone who would like to enjoy the beautiful scenery of Tomato Lake.

<b>When</b> Thursdays, 8:30am	<b>Address</b> Tomato Lake, picnic tables at the end of Scenic Drive carpark	<b>Contact</b> Leisure Services P: 9477 7454
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### Prime Movers

*\$20 annual membership  
Members \$5 per class, casual \$6 per class*

An exercise class for the over 50's, make friends while keeping fit.

<b>When</b> Tuesday and Thursday mornings	<b>Address</b> Belmont Oasis, Progress Way, Cloverdale	<b>Contact</b> P: 9277 7454
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### Tomato Lake Heart Foundation Walking Group

Free

With an abundance of bird life, Tomato Lake is a beautiful place to walk. The lake has a number of walk lengths to suit all fitness abilities. Joining a walking group is a fun and social way to get your daily steps up.

<b>When</b> Wednesdays, 5pm	<b>Address</b> Tomato Lake, outside Tomato Lake Café, Scenic Drive	<b>Contact</b> Leisure Services P: 9477 7454
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## Community services

### Umbrella Multicultural Community Care

Free for City of Belmont residents.

This organisation provides community home services for eligible residents who wish to remain in their home as they age. The services are available to all with a specific focus on culturally diverse groups. Includes a day club here in Belmont.

<b>When</b> Monday to Friday, 9am to 5pm	<b>Address</b> 39 Abernethy Road, Cloverdale	<b>Contact</b> P: 9275 4411
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### Jacaranda Community Centre Inc.

Free

Provides a range of free programs for Aboriginal community members and offers a range of culturally appropriate services such as financial counselling, emergency relief and advocacy. Hosts the annual NAIDOC Week event.

<b>When</b> Monday to Thursday, 8am to 4pm Friday, 9am to 2pm	<b>Address</b> 146 Epsom Avenue, Belmont	<b>Contact</b> P: 9477 4346
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### MercyCare

Contact directly for fee information

Offers a range of community-based support services for those eligible residents via the Commonwealth Home Support Program. Including in home services, a social program at Harman Park Community Centre and a community transport.

<b>When</b> Monday to Friday, 8:30am to 4pm	<b>Address</b> 21 Harman Street, Belmont	<b>Contact</b> Day Centre: 6381 7150  Transport: 6381 7152  In-Home Services: 9442 3498
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## Accommodation and housing

### Independent Living Units

We provide four Independent Living Unit complexes, managed by Southern Cross Care (WA) Inc. These units are available to eligible applicants who are over 55 years of age.

📍 **Ascot Close, Gabriel Gardens, Orana, and Wahroonga Independent Living Units**

🌐 [belmont.wa.gov.au/live/community-groups/seniors/housing-for-seniors](http://belmont.wa.gov.au/live/community-groups/seniors/housing-for-seniors)

### Faulkner Park Retirement Estate

Retirement Village with a total of 72 units with a village clubhouse as a communal space.

📍 **39 Elizabeth Street, Cloverdale**  
📞 **1300 669 189**

### Residential aged care facilities

#### Aegis Karalee

📞 9277 1099

#### Aegis Lakeside

📞 9479 7179

#### Aegis Parkview

📞 9262 9100

📍 Brightwater, 23 Johnson Road, Redcliffe

📞 1800 005 009

#### CraigCare Ascot Waters

📍 2 Waterway Crescent, Ascot

📞 6159 1000

#### Hall and Prior

📍 5 Kemp Place, Rivervale

📞 9277 2735

### My Aged Care

We know most of us wish to remain in our own home as we age. If you need some help around the house or think it's time to look into aged care homes, My Aged Care is here to help.

📞 **1800 200 422** 🌐 [myagedcare.gov.au](http://myagedcare.gov.au)



## Bank Card Replacement Contacts

- Commonwealth Bank: ☎ 13 2221
- ANZ: ☎ 1800 033 844
- NAB: ☎ 1800 033 103
- Westpac: ☎ 132 142
- Citibank: ☎ 13 24 84
- Bankwest: ☎ 9449 2840

## Other Useful Contacts

- Medicare Card – Medicare General Enquiries: ☎ 132 011
- WA Seniors Card Centre: ☎ 1800 671 233
- Pensioner Concession Card – Centrelink: ☎ 132 300
- Commonwealth Seniors Health Card – Centrelink: ☎ 132 300
- Veteran Healthcare Cards – Department of Veterans' Affairs:  
☎ 1800 VETERAN (1800 838 372)





City of  
**Belmont**

215 Wright Street, Cloverdale WA 6105

Locked Bag 379, Cloverdale WA 6985

Open 8:30am - 4:45pm, Monday - Friday

☎ PH: (08) 9477 7222

☎ A/H: (08) 9477 7224

✉ [belmont@belmont.wa.gov.au](mailto:belmont@belmont.wa.gov.au)

🌐 [belmont.wa.gov.au](http://belmont.wa.gov.au)

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